



Sheraton

Savor the day

Openers

HOME-STYLE CHICKEN NOODLE SOUP ✕
Egg noodles in herbed vegetable broth 8.00

BAJA CALIFORNIA TORTILLA SOUP
Avocado, sour cream, pico de gallo and crispy tortilla 8.00

ICEBERG WEDGE AND TOMATO
Blue cheese, spring onions 7.00

CAESAR SALAD
Romaine tossed with shaved parmesan cheese and garlic croutons 8.50

HOT WINGS
Tossed in hot sauce with celery batons and blue cheese dip 11.00

SHRIMP TACOS
Soft corn tortilla, chipotle aioli, guacamole and salsa 12.00

CRISPY CALAMARI
Lightly breaded with zesty banana peppers served with cocktail sauce 11.00

CRISPY COCONUT CRUSTED SHRIMP
Served with Hawaiian surimi/loaf pineapple and chili glaze 16.00

BEEF SHORT RIB SLIDERS*
Caramelized onions on toasted buns 14.00

Main Courses

GRILLED CHICKEN BREAST CUTLETS ✕
Parmesan-tossed asparagus, blistered red pepper sauce and brown rice pilaf 20.50

CRISPY BATTERED COD FISH
Lemon, zesty tartar sauce and sea-salted fries 18.00

FLAME GRILLED BURGER*
Half-pound patty, aged cheddar, tomato, and lettuce choice of french fries or garden salad 12.00

ROASTED SALMON FILLET* ✕
Mustard-chive sauce, crispy vegetable potato hash 25.00

BLACK ANGUS RIB EYE STEAK WITH HERB BUTTER
Roasted potatoes and locally grown vegetables 25.00

PENNE PASTA TOSSED WITH BROCCOLI
Spinach, cured roma tomato, garlic and parmesan 17.00
Add Italian sausage 19.00

GRILLED NEW YORK SIRLOIN STEAK*
White cheddar whipped potatoes and mushroom demi 31.00

PIZZA MARGHERITA
Tomato, basil, mozzarella and parmesan cheese 10.00

SPAGHETTI WITH TOMATO BASIL SAUCE 10.00
Add meatballs 15.00

The Side Plate

PARMESAN LEMON-TOSSED ASPARAGUS ✕ 6.00

SEA-SALTED FRENCH FRIES 6.00

CRISPY VEGETABLE POTATO HASH ✕ 6.00

Create Your Own Greenery

Select the Main Ingredient and Dressing to finish off your salad

TRADITIONAL COBB SALAD
Chopped lettuce, tomato, avocado, hard-boiled egg, blue cheese, and bacon

BAJA SALAD ✕
Romaine lettuce, roasted corn, black beans, diced tomatoes, avocado with a lime-tequila dressing

CAESAR SALAD
Romaine tossed with shaved parmesan cheese and garlic croutons

MAIN INGREDIENT
Grilled Chicken ✕ 18.00
Seared Salmon* ✕ 19.50

DRESSINGS
Champagne Vinaigrette, Blue Cheese, Low-Fat Ranch ✕,
Classic Caesar or Balsamic Vinaigrette

Häagen-Dazs® Ice Cream Parlor

Choose your favorite ice cream flavor and toppings

French Vanilla, Strawberry, Chocolate or
Vanilla Frozen Yogurt ✕

2 Scoops 7.00; 3 Scoops 8.00; or 4 Scoops 9.00

Select 3 additional toppings or add even more
for only 0.75 each

Oreo® Cookies
M&M's®
Pecans
Chocolate Sauce

Strawberries
Warm Chocolate Brownie
Whipped Cream
Caramel Sauce

Great Finishes

**WARM DOUBLE-CHOCOLATE
PECAN BROWNIE A LA MODE** 8.50

HALF DOZEN WARM DONUT SLIDERS
Mini donuts stuffed with caramelized bananas,
chocolate sauce 8.50

CHOCOLATE LAVA CAKE
Soft center, served warm with a scoop of
vanilla ice cream 8.50

NEW YORK STYLE CHEESE CAKE
Raspberry sauce 8.50

BERRIES OF THE SEASON ✕ 9.00

✕ Endorsed by Core Performance, these items have nutrients that work together to create long-lasting energy, helping you lead a higher quality of life. Learn more about our program at sheratonfitness.com

*Consuming raw or undercooked meat, seafood and eggs may increase your risk of food-borne illness.
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